

SOFIA A. MASTROKOUKOU

CURRICULUM VITAE

RESEARCH EXPERIENCE

PUBLICATIONS, CONFERENCE PRESENTATIONS

ACADEMIC & PROFESSIONAL EXPERIENCE

(SELECTED)

CURRICULUM VITAE

GENERAL INFORMATION

Personal Details

Name: Sofia A. Mastrokoukou
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Clarivate / orcid: [Sofia Mastrokoukou](#) / [orcid](#)

Education

- PhD in Sociology, Department: Social Sciences, University of Milan (Bicocca), Italy (June, 2021)

Thesis title: *“Teaching Effectiveness and SWOC analysis at a Greek Higher Education Institution”*

- Master in International Studies, University of Turin (UniTo), Italy (March, 2016).
Grade: Excellent (110 cum laude/110)

Thesis title: *La rédaction de fiches terminologiques bilingues (IT/FR) dans le domaine des Beaux-arts: Tempera et Guazzo (lingual terminology records (IT/FR) in the field of Fine Arts: Tempera and Guazzo)*

- Master of Arts in Education and School Psychology, University of L' Aquila (UnivAq), Italy (April, 2013). Grade: Excellent (110 cum laude/110)

Thesis title: *Il ruolo delle ONG nella formazione dell'opinione pubblica, Caso di studio: ActionAid Hellas (The role of NGOs in shaping public opinion, Case study: ActionAid Hellas)*

- Master of Arts in Education in Lifelong Education, Open University of Cyprus, Cyprus. Grade: High 2.1 (7.5 out of 10), (August, 2014).
- B.A. (Honours) in Greek Philology (specialized in Linguistics), University of Ioannina, Greece. Grade: High 2.1 (7.41 out of 10), (July, 2004).

Publications

Academic articles (published in indexed databases-Scopus)

01.

Lin, S., **Mastrokouskou**, S., Longobardi, C., & Bozzato, P. (2024). The influence of resilience and future orientation on academic achievement during the transition to high school: the mediating role of social support. *International Journal of Adolescence and Youth*, 29(1), 2312863. <https://doi.org/10.1080/02673843.2024.2312863>. (Journal Ranking Q1)

02.

Fabris, M. A., Longobardi, C., Settanni, M., & **Mastrokouskou**, S. (2024). Childhood trauma and factors influencing primary school teachers' reporting of child abuse: insights from Italy. *Child Abuse & Neglect*, 149, 106631. <https://doi.org/10.1016/j.chiabu.2023.106631>. (Journal Ranking Q1)

03.

Kakouris, A., Tampouri, S., Kaliris, A., **Mastrokouskou**, S., & Georgopoulos, N. (2023). Entrepreneurship as a Career Option within Education: A Critical Review of Psychological Constructs. *Education Sciences*, 14(1), 46. <https://doi.org/10.3390/educsci14010046>. (Journal Ranking Q2)

04.

Longobardi C., **Mastrokouskou**, S., & Fabris, M. A. (2023). Teacher sentiments about physical appearance and risk of bullying victimization: the mediating role of quality of student–teacher relationships and psychological adjustment. *Front. Educ.* 8:1211403. <https://doi.org/10.3389/educ.2023.1211403>. (Journal Ranking Q1)

05.

Karali, N., **Mastrokouskou**, S., & Livas, C. (2023, November). Mindful minds and entrepreneurial spirits in higher education: A scoping review. In *Frontiers in Education* (Vol. 8, p. 1291845). Frontiers. <https://doi.org/10.3389/educ.2023.1291845>. (Journal Ranking Q2-corresponding author)

06.

Mastrokouskou, S., & Crawford–Lee, M. (2023). Guest editorial: Profound digital Pedagogies: global perspectives. *Higher Education, Skills and Work-Based Learning*, 13(4), 645-648. <https://doi.org/10.1108/HESWBL-08-2023-291>.(Journal Ranking Q2)

07.

Lin, S., **Mastrokouskou**, S., & Longobardi, C. (2023). Social relationships and social media addiction among adolescents: Variable-centered and person-centered approaches. *Computers in Human Behavior*, 107840. <https://doi.org/10.1016/j.chb.2023.107840>. (Journal Ranking Q1)

08.

Longobardi, C., Settanni, M., Berchiatti, M., **Mastrokourou, S.**, & Marengo, D. (2022). Teachers' sentiment about physical appearance of primary school students: Associations with student-teacher relationship quality and student popularity among classroom peers. *Social Psychology of Education*, 1-21. <https://doi.org/10.1007/s11218-022-09749-9>. (Journal Ranking Q1)

09.

Lin, S., **Mastrokourou, S.**, Longobardi, C., Bozzato, P., Gastaldi, F. G. M., & Berchiatti, M. (2022). Students' transition into higher education: The role of self-efficacy, regulation strategies, and academic achievements. *Higher Education Quarterly*. <https://doi.org/10.1111/hequ.12374>. (Journal Ranking Q1)

10.

Mastrokourou, S., Kaliris, A., Donche, V., Chauliac, M., Karagiannopoulou, E., Christodoulides, P., & Longobardi, C. (2022). Rediscovering Teaching in University: A Scoping Review of Teacher Effectiveness in Higher Education. *Front. Educ.* 7: 861458. <https://doi.org/10.3389/educ.2022.861458>. (Journal Ranking Q2)

11.

Milenios, F., Karagiannopoulou, E., Rentzios, C., Catrysse, L., Gijbels, D., **Mastrokourou, S.** & Longobardi, C. (2021). The contribution of learning and mental health variables in first-year students profiles. *Front. Psychol.* 12:627118. <https://doi.org/10.3389/fpsyg.2021.627118>. (Journal Ranking Q1)

Books

Carotta, C., Dolza, E., **Mastrokourou, S.**, Miala, R., Mochol, S., Stack, S., Stofberg, A., Timplaru, R., Tuhkunen, M. (2018). Spaces for Intercultural Learning: an interactive ebook. ISBN: 978-889-415-035-3.

Caporali, L., Carotta, C., Dolza, E., Georgiadis, M., **Mastrokourou, S.** & Nolino, A. (2016). *International Sign: A Practical Kit*. Turin: Istituto dei Sordi di Torino. ISBN: 978-889-415-031-5.

Book chapter

Chetan Singai, Ch., Gioli G. Riemer, E., Dev Regmi K., **Mastrokourou, S.** & Singh Sh. (2016). Knowledge economy and demographic change: Comparative case study of Europe and South Asia. In: Egetenmeyer (ed.): *Adult and Lifelong Learning in Europe and Beyond. Comparative Perspectives from the 2015 Würzburg Winter School*. Frankfurt, pp. 67-84.

Publications in Refereed Conference Proceedings and Presentations

1. Gastaldi, F. G.M., Longobardi, C., Fabris, M.A., & **Mastrokourou, S.** L'esposizione a contenuti televisivi violenti nei bambini di età scolare: paura, ansia e percezione del rischio. In *XXXV Congresso Nazionale AIP Sezione Psicologia dello Sviluppo e dell'Educazione*. September 25-27, 2023. Foggia, Italy.

2. **Mastrokourou, S.**, Strompoulis, A., & Oikonomou, M. Beyond Limitations: A Scoping Review of Educational Difficulties Faced by Graduates with Disabilities and Strategies for Success. In *7th International Congress of Special Education*, June 22-24, 2023. Athens, Greece.
3. Fabris, M.A., Longobardi, C., Settanni, M., **Mastrokourou, S.** Psychological Factors relate to Teachers Reporting Suspected Child Sexual Abuse: a preliminary research. In *XX° Annual Hawaii International Summit on Preventing, Assessing & Treating Trauma Across the Lifespan*, April 24-28, 2023. Honolulu, Hawaii.
4. Longobardi, C., **Mastrokourou, S.**, Crawford-Lee, M. & Lester, S. (2021, November). *An Open Space to discuss the relationship between inclusion and online learning e-LTTA Proceedings*. University of Turin. ISBN: 9788875902223. <https://www.collane.unito.it/oa/items/show/107>.
5. **Mastrokourou, S.**, Sfakianakis M., (2021, June). Understanding the needs of refugees within higher education: A scoping review. In *International Economic Organisations and Migration Policy*. <https://doi.org/10.6084/m9.figshare.16930873.v3>
6. Comi, S. L., Grasseni, M., Fafaliou, I. & **Mastrokourou, S.** The Fallacy of Overeducation in Employability: An Empirical Survey on Students Coming from Vulnerable Groups. In *IV ISA Forum of Sociology*, July 14-18, 2020. Porto Alegre, Brazil.
7. **Mastrokourou, S.** & Fafaliou, I. Management of HEIs: A holistic approach in the context of Greece. In *14th Conference of the European Sociological Association*, 20-23 August 2019. Manchester, United Kingdom.
8. **Mastrokourou, S.** CHILDREN'S DRAWING: When children draw themselves and their families. In *19th International Conference of the Association of Psychology and Psychiatry for Adults and Children (A.P.P.A.C.)*. Athens, Greece, 13-16 May, 2014.

Research Boards, Committees and Networks

- **Guest Editor:**

- Profound Digital Pedagogies: global perspectives. *Emerald Publishing*. Issue publication date: 8 September 2023.
- EU-Higher Education Nexus: Fostering Inquisitive Minds and Inclusive Learning Perspective. *Frontiers in Education*. (Call for Paper - [submission open](#)).
- Digital children: well-being in the online environment. *Humanities and Social Sciences Communications*. (Call for Paper - [submission open](#)).

- **Associate Editor:**
 - o 2022-present: Journal of Humanities and Social Sciences Communications, Springer.

- **Reviewer:** 2021-present: **67 verified reviews** of the following scientific journals:
 - o Frontiers in Education;
 - o Frontiers in Psychology;
 - o American Journal of Sexuality Education;
 - o PLoS ONE;
 - o Education Sciences;
 - o Behavioral Sciences;
 - o Trauma, Violence and Abuse;
 - o Healthcare;
 - o Sustainability;
 - o International Journal of Environmental Research and Public Health;
 - o The Review of Higher Education.

Academic Work Experience: Research & Teaching

- 01/02/2024 to 31/01/2025: **Co-funded Research Fellowship Programme:** *“Socio-emotional skills, creativity and well-being of curricular and support teachers. Integration between research aspects and lines of intervention”*, at the Department of Psychology, University of Turin. Code: PSI_2023_04_XXVI. Scientific responsible: Prof. CALANDRI Emanuela

- 01/02/2023 to 31/01/2024: **Research Fellowship Programme:** *“Promoting the psychological well-being of adolescents and young adults caused by the social isolation of the Covid-19 pandemic”*, at the Department of Psychology, University of Turin. Code: PSI_2022_28. Scientific responsible: Prof. LONGOBARDI Claudio

- 01/12/2021 to 30/11/2022: **Research Fellowship Programme:** *“Psychological variables*

involved in the improvement of digital education for all university students”, at the Department of Psychology, University of Turin. Code: PSI_2021_19. Scientific responsible: Prof. LONGOBARDI Claudio

- **Adjunct Professor:**
 - **Department of Philosophy and Science of Primary (Savigliano). Course Title: “Techniques for observing child behaviour”.** The course aimed to provide students with the basic aspects of the observation method, such as: the history of observation of child behaviour as a systematic method of investigation, the development of the main theoretical approaches, the definition and differentiation of the main observation techniques and instruments (28 hours). (October 2023-September 2024)
 - **Department of Philosophy and Science of Primary (Savigliano). Laboratory for behavioural observation techniques in children - (Labs A, B, C, D).** The laboratory consisted of the development of child behaviour observation techniques, with specific reference to the application of evidence-based child drawings in the school context. Each laboratory consisted of 16 hours of training. (October 2023-March 2024)
 - **Department of Philosophy and Science of Primary (Collegno). Laboratory for behavioural observation techniques in children - (Labs A, C, F).** The laboratory consisted of the development of child behaviour observation techniques, with specific reference to the application of evidence-based child drawings in the school context. Each laboratory consisted of 16 hours of training. (October 2022-March 2023)

- **Tutor at the University of Milano (Bicocca), teaching subject: Political Economy and Inclusion - E3901N040, Module: Political Economy (Corso di laurea in Servizio sociale; Insegnamento: Economia politica - E3901N040, Modulo: Economia politica - E3901N040M)** (October 2022- September 2023)

- **Tutor at the University of Milano (Bicocca), teaching subject: Elements of Economics – Methodology of Research (Corso di laurea in Scienze del turismo e comunità locale Insegnamento: Elementi di economia - E1501N095 Modulo: Elementi di economia - E1501N066M)** (February 2021- June 2021)

- **Tutor at the Master of Arts Programme in School Psychology (Psicologia Scolastica e dei Disturbi di Apprendimento) at the University of Florence (March 2014 – July 2015).**
- **Main Responsibilities:**
 - Supporting students in planning their individualised curriculum;
 - Supervising the semester project or the master thesis (together with two different Professors)

Other Work Experience in the Field of Developmental Psychology and Education

- **Researcher and Quality Manager of European Projects at the University of Turin** (September 2018 - present)
 - Current projects:**
 - FINER. Project no: 2021-1-DE02-KA220-ADU-000029834, “Find your INner power”, KA2, Erasmus+ in Adult Education.
 - IDEAL. Project no: 2020-1-UK01-KA226-HE-094596, “Platform for Advancement of Self”, KA2, Erasmus+ in Higher Education.
 - PAS. Project no: 2018-1-EL01-KA203047890, “Platform for Advancement of Self”, KA2, Erasmus+ in Higher Education.

- **Researcher at the University of Piraeus** (September 2019 - present)
 - Current projects:**
 - Supporting students coming from vulnerable groups to finish their studies on time (code: MIS 5049248)
 - DICIPASS4YOUTH. Project no: 2019-1-DE04-KA205017888, “Promoting the European Digital Citizenship Pass for Youth e-participation and e-inclusion”, KA2, Erasmus+.
 - REWIP. Project no: 2018-3-EL02-KA205-004529, “Refugee Empowerment and Work Integration Programme”, KA2, Erasmus+.

- **Education and Career Counsellor at the Career Office of the University of Piraeus** (March 2017 – August 2019)

- **Tutor at the Turin Institute for the Deaf** (October 2016 – October 2017)
 - Main Responsibilities:**
 - Assisting d/Deaf students tutoring not only to improve study skills and course grades, but also to increase their understanding of lectures, improve their reading and writing skills, and clarify class notes.
 - Communication language: Italian Sign Language

Awards & Scholarships

- ✓ **Full tuition weaver:** for the “Summer School on Survey Research Methods: From Design to Analysis”, University of Bicocca, Milan.

- ✓ **Fully funded PhD student position** at the Doctoral Program in Analysis of Social and Economic Processes (ASEP) of the University of Milano-Bicocca, Italy.

- ✓ **Partial tuition weaver:** for the “M.A. in Public Policy and Social Change” (MAPS), Collegio Carlo Alberto, Italy.

- ✓ **Partial fellowship:** for the “Summer School on Gender Economics and Society”, 4 July – 8 July 2016. A collaboration between Università di Torino, CeRp- Collegio Carlo Alberto, Politecnico di Torino and ITCILO – Co-financed by the Italian Ministry of Foreign Affairs and International Cooperation.
- ✓ **Social award:** Made in Research - Incubatore d’Imprese (Università di Torino), BioAgriDeaf, 2016.
- ✓ TOMidEast Summer School “Understanding the Middle East. Political Change and Continuity”: Dates: June 30th 2014 – July 4th 2014, Language of instruction: English, Awarding body: University of Torino, Department of Cultures, Politics and Society, Final exam score: **Pass with Distinction**.
- ✓ Erasmus Placement 2013-2014 (**Scholarship**, 6 months in Italy, *Agathon Onlus, Educational Department*).

Conferences, Seminars, Training activities & Laboratories (selected)

- Summer School on Survey Research Methods: From Design to Analysis, from July 29 to August 16, 2018, conducted by LSE (London School of Economics).
- Summer School on Gender Economics and Society, July 4 to 8, 2016. A collaboration between Università di Torino, CeRp- Collegio Carlo Alberto, Politecnico di Torino and ITCILO – Co-funded by the Italian Ministry of Foreign Affairs and International Cooperation.
- Foundational Course on the 2030 Agenda for Sustainable Development. Online course, from May 2 to June 3, 2016, conducted by United Nations System Staff College.
- 4th Biennial Meeting of the ESREA Research Network for Adults Educators, Trainers: The role of higher education in the process of professionalization of adult educators. Larnaca, November 11 – 13, 2015.
- III European Geographies of Sexualities Conference, CROSSING BOUNDARIES: SEXUALITIES, MEDIA AND (URBAN) SPACES. Rome, September 16 -18, 2015.
- International Winter School: Comparative Studies on Adult and Lifelong Learning. Würzburg, from January 28 to February 6, 2015.
- TOMidEast Summer School “Understanding the Middle East. Political Change and Continuity”. Turin, from June 30 to July 4, 2014.

Foreign Languages

- **Greek** (Mother tongue)
- **English** (Expert User), Qualification awarded: Certificate of Proficiency in English (C2), University of Michigan
- **French** (Expert user), Qualifications awarded: Diplôme de langue et littérature françaises, Sorbonne 2ème degré, Université Paris-Sorbonne, Diplôme Approfondi de Langue Française (D.A.L.F.)
- **Italian** (Expert User), Interprete (Camera di Commercio di Torino: Albo dei periti, sub-cat. 01: lingue straniere, traduttori ed interpreti). Iscrizione Ruolo No 1413 del 24/02/2017 (C2).
- **Spanish** (Independent User), Qualification awarded: Diploma de Español Nivel C2 como Lengua Extranjera (DELE C2) Instituto Cervantes
- **German** (Independent User), Qualification awarded: Zertifikat Deutsch (B1), Goethe Institut
- **Braille** (Proficient User)
- **Greek Sign Language** (Proficient User)
- **Italian Sign Language** (Proficient User)
- **International Signs** (Basic user)
- **Makaton** (Proficient User)

Computer Skills

- MS Office, Internet, Weebly, Joomla, Linux, Open Office, Dreamweaver 8, Fireworks 8, Captivate and Flash 8 (Macromedia), SPSS (Expert user), Stata, NVivo, WordPress.